

ABSTRAK

Penelitian ini dimaksudkan agar para pembaca mengetahui tentang pengaruh stres kerja, *time management* terhadap kinerja karyawan melalui motivasi kerja. Populasi Penelitian ini dilakukan terhadap karyawan divisi marketing PT. SHB Surabaya. Penelitian ini merupakan penelitian asosiatif kausal dengan menggunakan metode kuantitatif. Data dalam penelitian ini diperoleh dengan membagikan kuesioner kepada 40 responden yang adalah karyawan divisi marketing PT. SHB Surabaya. Uji validitas menggunakan teknik korelasi *product moment* dan uji reliabilitas menggunakan rumus *cronbach's alpha* dengan teknik analisis data yang digunakan untuk menguji hipotesis adalah analisis jalur. Hasil penelitian menunjukkan bahwa stres kerja dan motivasi berpengaruh secara langsung terhadap kinerja, sedangkan *time management* tidak berpengaruh secara langsung.

Kata kunci : stress kerja, time management, motivasi, kinerja karyawan.

ABSTRACT

This study is intended so that readers know about the effect of work stress, time management on employee performance through work motivation. Population of this research was conducted on the marketing division employees of PT. SHB Surabaya. This research is a causal associative research using quantitative methods. The data in this study were obtained by distributing questionnaires to 40 respondents who were employees of the marketing division of PT. SHB Surabaya. The validity test uses the product moment correlation technique and the reliability test uses the Cronbach's alpha formula with the data analysis technique used to test the hypothesis is path analysis. The result showed that work stress and motivation have a direct effect on performance, while time management has no direct effect.

Keywords : work stress, time management, motivation, employee performance.